

# PERSISTENCE



*To Graduation*

Monthly E-news from the Kentucky Department of Education, Division of Student Success



## Education and Career Toolkit Chosen By Youth, For Youth

Youth between the ages of 16 and 19 from around the country came together to participate in a [listening session](#). These youth informed the Interagency Working Group on Youth Programs (IWGYP) that decisions about education and careers were among the most important in their lives — a distinction shared only with decisions about identity, access to healthcare, and healthy relationships. Youth advised the IWGYP to develop this toolkit to address the most pressing questions on their minds such as “What educational path is right for me?”

In response to this feedback, the IWGYP convened a group of summer youth interns to curate a [collection of resources](#) for Youth Engaged 4 Change focused on education and careers. They applied strict vetting criteria to ensure the resources that made the cut were from reputable organizations, offered free of charge, and tailored to a youth audience. They also grouped the resources by theme to make it easier for youth to find what they need in as few clicks as possible.

## Relevant Research, Practice Tips, and Briefs

**Youth Risk Behavior Survey Results:** The Kentucky Youth Risk Behavior Survey (YRBS) is conducted as part of a national effort by the U.S. Centers for Disease Control and prevention (CDC) to monitor students’ health-risk behaviors in six priority areas. These six areas include injury and violence, alcohol and drug use, tobacco use, nutrition, physical activity, and sexual risk behaviors. You can [access the 2019 KY Middle and High School Results](#).

**January Happiness Calendar:** The [Greater Good Magazine](#) provides science-based insights for a meaningful life. It can help inject a bit of happiness into your everyday life with videos, articles, practices, podcasts, and other content from the [Greater Good Science Center](#) and beyond. Here is the [January 2020 Happiness Calendar](#).

**Keeping SEL on Track:** A panel of advocates and scholars including CASEL Board Chair, Tim Shriver, discussed how the SEL movement can succeed over the long term. Among the recommendations: focus on quality implementation, listen closely to local parents and teachers, follow the research, and engage a variety of perspectives that may have been excluded from previous school reform discussions. Watch the [video](#) from the American Enterprise Institute.

**Free Downloadable Zones of Regulation Resources:** Digital versions of three widely used “reproducibles” from the [Zones of Regulation](#) curriculum book are available in three languages.

**Teacher Well-being and Student Outcomes:** Read about [the research](#) from the University of Virginia on this important topic. Related, the Trauma Responsive Educational Practices Project has created [three resources to facilitate self-care for educators](#): compassionate self-care, finding balance, and self-care starter.

**New Jersey school district turns to virtual reality to show how bullying feels:** Check out [this brief article](#) highlighting a unique approach to addressing bullying.

**Four Helpful Adversity and Resiliency Infographics:** The Harvard [Center on the Developing Child](#) has a large resource library. They also created four infographics to support understanding of complex issues: (1) [What are ACES? And How Do They Relate to Toxic Stress?](#) (2) [What is Epigenetics?](#) (3) [What is Executive Function?](#) (4) [What can we do about Toxic Stress?](#)

**Multigenerational Approaches to Fostering Children's Health and Well-Being: The Opioid Crisis as a Case Study:** You can [download proceedings](#) of this workshop in PDF form from the National Academies of Sciences.

**Ecopsychology:** This [article](#) explores the growing body of research on the beneficial effects of exposure to the natural world and its implications for employers and policymakers.

**The Compassion Resilience Toolkit** for Schools was developed in partnership with several organizations and institutions and it offers information, activities, and resources for school leadership and staff to understand, recognize, and minimize the experience of compassion fatigue and to increase compassion resilience perspectives and skills. Community mental health practitioners were also on the team. [The toolkit](#) is designed for flexible implementation by facilitators within their school.

**Strengthening Adult SEL:** Many districts participating in the CASEL Collaborating Districts Initiative have made strengthening adult SEL one of their top priorities. The latest [SEL Trends brief](#) showcases adult SEL strategies in Oakland, Sacramento City, and Tulsa.

## Upcoming Professional Learning Opportunities

### Webinars

**Interconnected Systems Framework 301: Installing and Integrated Approach:** This webinar details the installation process at the district, community and school level that results in a comprehensive ISF action plan. You can [register](#) for this webinar which will take place on January 21 from 3:00-4:00 PM (ET).

**Comprehensive School Mental Health Systems and Systems of Care:** This webinar will be presented by Sharon Hoover, Co-Director of National Center for School Mental Health (NCSMH) on January 22 from 2:30-4:00 PM (ET) [Registration](#) is open.

**Empowering At-Promise Students with Occupational Leadership Skills:** This webinar is hosted by Reaching At-Promise Students Association (RAPSA) will explore the free and engaging curriculum that helps teachers and community-based job placement staff educate students about the basics of job safety and health. You can [register](#) for the free webinar that will be held January 24 at 11:00 AM (ET).

**Bullying Prevention & Equity:** In this webinar, *making the Connection: Embedding Equity & Culturally Responsive Practices in Bullying Prevention*, presenters from the Western Educational Equity Assistance Center will discuss the link between bullying, equity, and trauma.

Dr. Darlene Sampson will begin the webinar by providing a context for the importance of embedding equity in bullying prevention programming. [Registration](#) is open for the webinar which will be held on February 19 from 2:00-3:00 PM (ET).

**Strategies to Effectively Address Disparities in Mental Health:** This webinar will be hosted by the Pacific Southwest MHTTC and will highlight the importance of increasing workforce diversity for achieving health equity. This session is geared towards those in mental health organizations who are interested in assessing the importance of a culturally responsive workforce and taking action. This [webinar](#) will take place on February 20 from 6:00-7:00 PM (ET).

**Classroom Mental Health Strategies for Students and Teachers:** You can [view this recorded webinar](#) that highlights strategies from *edweb*.

**Friendly and Fearless – Neuroplasticity and Inner Resources:** An experiential, practical workshop for helping professionals about the use of positive neuroplasticity will be offered via webcast by Dr. Rick Hanson and Dr. Daniel Ellenberg with UC Berkley on February 21. If you are interested, you can [find more information and register](#).

**Solutions to the Dropout Crisis Webcasts:** *Solutions to the Dropout Crisis* webcasts are always offered free of cost, and no registration is required. Tune in the second Tuesday of each month at 3:30 PM ET for new [Solutions to the Dropout Crisis](#), where you can also find recordings of previous webcasts.

## Conferences and Activities

**Kentucky Academic & Behavioral Response to Intervention (KYABRI)** is hosting two upcoming free training opportunities

[ISF Training-Louisville](#) January 23, 2020 from 9:00AM-3:30PM

[Tier II and II MTSS Systems-Louisville](#) January 27, 2020 from 9:00AM-3:30PM

**Proposals for KY Educator Preparation Summit Due Jan 31:** The Kentucky Excellence in Educator Preparation (KEEP) leadership team is seeking proposals for its KEEP Summit 2020, scheduled for May 18. Visit [UofL's website](#) for more information or use this [Google document](#) to submit a proposal.

**National ESEA Conference:** The national ESEA Conference will be held on February 4-7 in Atlanta, GA. The four day conference is focused on supporting students served by ESEA programs with a focus on equity. Conference details and registration materials are available on the [ESEA website](#).

**Nominations open for 2021 KY Teacher Awards:** Nominations may be submitted electronically by visiting the 2021 Kentucky Teacher of the Year website at [kentuckytoy.com](#). The deadline for nominations is Feb. 15. Any full-time public school teacher in the state with at least three years of experience is eligible. Teachers may be nominated by students, parents, teaching peers, principals, superintendents or anyone from the community who has an interest in honoring an outstanding educator.

**Kentucky Center for Mathematics Conference** is scheduled for March 9-10, 2020 and will be held in Lexington, KY. For more information or to register visit their [conference webpage](#).

**Kentucky Society for Technology in Education** is scheduled for March 11-12, 2020 in Louisville, KY. For more information or to register visit their [conference webpage](#).

**Thank you for all that you do!**

If you would like to contribute any information (resources, celebrations, etc.) to this enews, please email [judi.vanderhaar@education.ky.gov](mailto:judi.vanderhaar@education.ky.gov). Also, please share this link with your colleagues who might be interested in subscribing to the [Persistence to Graduation listserv](#) (right click to subscribe)